

# LCCRT May Newsletter

## The Colorectal Collective

Volume 2 | Issue 2 | May 2019



### The Roundtable Recap



### LCCRT 2019 Summit



The 4<sup>th</sup> Annual Louisiana Colorectal Cancer Roundtable Summit was held at LSU's Lod Cook Hotel & Conference Center on March 21 and 22. As a staple of the Roundtable, this event has come to serve as a forum for coalition members to gather and discuss the impact of colorectal cancer (CRC) in Louisiana. It also offers attendees an opportunity to share new research, perspectives, and insight on recent developments within the field.

This year's conference largely focused on genetic testing and centralized patient navigation. Presentations were given on the latest incidence, mortality and late-stage diagnosis maps, as well as the latest genetic testing protocol used to address health disparities in high-risk populations. Tulane University's Dr. Jordan Karlitz presented on hereditary colorectal cancer and the importance of conducting genetic testing prior to a cancer diagnosis. Ms. Christina Dennis of Myriad Genetics presented on the evolution of cancer

prevention concerning genetic testing and patient navigation. And rounding out the speakers was Dr. Chyke Doubeni of The University of Pennsylvania’s School of Medicine who presented on eliminating preventable death from CRC through coordinated care and patient navigation.

All of the presentations and speakers were well received by attendees and opened the floor to deep, meaningful discussion. The conference was also a time to honor one of its outgoing chairs and greatest champions, Mrs. Colleen Huard.

After the two-day summit, attendees left empowered and eager to implement their newfound knowledge in their practices and community. The annual meeting was a huge success as it helped lay the foundation for LCCRT's next steps and 2019-2020 strategic plan.

If you have any questions about the conference, or would like to receive a copy of the presentations, feel free to contact me via email or at (504) 568-5891.



**QI Webinar Series**

**Patient-Focused Interventions:  
Learn How to Keep Patients  
From Falling Through the Cracks**

**Friday, May 17th, 12-1 PM (CST)**

**Gail M. Sullivan, RN, BS**  
**Health System Consultant**  
**New Hampshire CRC Screening Program**  
**Dartmouth-Hitchcock Medical Center**

**Erica Rose-Crawford, AAS,NRP,CN-BC**  
**Patient Navigator**  
**Louisiana Primary Care Association**



Just because a provider refers for cancer screening does not mean the patient will always follow through! Learn evidence-based interventions aimed at patients to help raise clinic screening rates. Webinar attendees will be able to:

- Identify and select appropriate patient-focused interventions.
- Understand the pros and cons of each intervention.
- Understand how to apply the interventions.

**Register Today!**

**AMA Credit Designation Statement:** The Louisiana State University School of Medicine at New Orleans designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Continuing Nursing Education (CNE) Contact Hours:** Louisiana State University (LSU) Health New Orleans School of Nursing, Faculty Development, Continuing Nursing Education & Entrepreneurial Enterprise is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). Nursing participants may earn up to 1 CNE contact hour. Each nursing participant must be present for the entire session for which CNE contact hour is requested and must complete an evaluation of each session to receive contact hour.



If you have any questions regarding the QI 101 Webinar Series, please contact Megan Fraser, LCP Practice Facilitator, at [mfrase@lsuhsc.edu](mailto:mfrase@lsuhsc.edu) for more information. Register today to reserve your spot!



Building upon Louisiana's success in 2018, this year's Southeastern Colorectal Cancer Consortium will be hosted in Little Rock, Arkansas from June 19 - 21. This three-day conference will cover the most recent developments in colorectal cancer research, policy, and programming.

This year's featured speakers include the Vice President of Cancer Control Interventions, Prevention and Early Detection, Dr. Durado Brooks; the Director of the CDC's Division of Cancer Prevention and Control (DCPC); Dr. Lisa Richardson; the Senior Director of Cancer Control for the American Cancer Society, Dr. Robert A. Smith; and actor, playwright and comedian David Lee Nelson.

Registration for the conference is now open and can be accessed [here](#) or by clicking on the photo above. For those interested in submitting poster abstracts, the deadline to do so is Friday, May 10.

If you have any other questions concerning the conference, please email [info@arcancercoalition.org](mailto:info@arcancercoalition.org) or call (501) 404-2363.

## ***Meat Me in the Middle: Excessive Meat Consumption and Colorectal Cancer***

In a recent CNN article, a study published in the *International Journal of Epidemiology* was highlighted for its rather delicious nature but unsurprising health findings.

For quite some time, we've known that increased consumption of red and processed meats--including those cooked at high temperatures--are linked to an increased risk of developing colorectal cancer (CRC). In this publication, researchers take an in-depth view of just how toxic these carcinogenic foods are to the human body and their relation to CRC.



This study was conducted over a five-year period (2006- 2010) in the United Kingdom (UK) by cancer epidemiologists Kathryn E. Bradbury and Timothy Key, as well as World Health Organization (WHO) Correspondent Neil Murphy. Of the 500,000 people studied, over 2,600 participants had developed colorectal cancer. “Participants who reported consuming a daily average of 76 grams of red or processed meat (the equivalent of a McDonald’s Quarter Pounder) had a 20% greater risk of developing CRC when compared to those who only consumed about 21 grams each day (the equivalent of a slice of bacon).”

While pinpointing the exact cause of colorectal cancer can be difficult, it is important to note that a healthy, balanced diet still plays a significant role in its prevention. For more information on this article and the original study, click [here](#).



## Louisiana Legislative Log

### Comprehensive Smoke-Free Ordinances

Even the healthiest of people can be exposed to cancer-causing risk factors. Beyond maintaining a healthy diet and moderate physical activity, we have to be mindful of our environments. This includes limiting exposure to tobacco and secondhand smoke. Though more largely associated with lung and esophageal cancers, the link between tobacco and colorectal cancer is quite significant.

Over the last several months, dozens of municipalities across the state have adopted comprehensive smoke-free ordinances that build upon the 2006 Clean Air Act. For those unfamiliar with the law, it prohibits the use of tobacco products in most indoor and public spaces. However, bars and casinos were intentionally exempt from this legislation, leaving a large number of workers and visitors exposed to the harmful toxins associated with secondhand smoke. Of the 23 towns to join the movement, Cullen and Angie have been the latest to do so.

The Coalition for a Tobacco-Free Louisiana (CTFL) has worked tirelessly over the last 12 months to develop a comprehensive report outlining the physical, environmental and economic impact secondhand smoke has on Louisiana. Members of the coalition, which include large advocacy groups, such as the American Cancer Society Cancer Action Network, American Heart Association and Campaign for Tobacco-Free Kids, have been working with legislators to bring awareness and action around this very serious health issue. It is with great pride that the committee has officially released the comprehensive report to the public.

We ask that you direct all questions concerning the report to Louisiana's Government Relations Director for the American Heart Association, Ashley Hebert, at [ashley.hebert@heart.org](mailto:ashley.hebert@heart.org).

### Tobacco-21 & Penalties

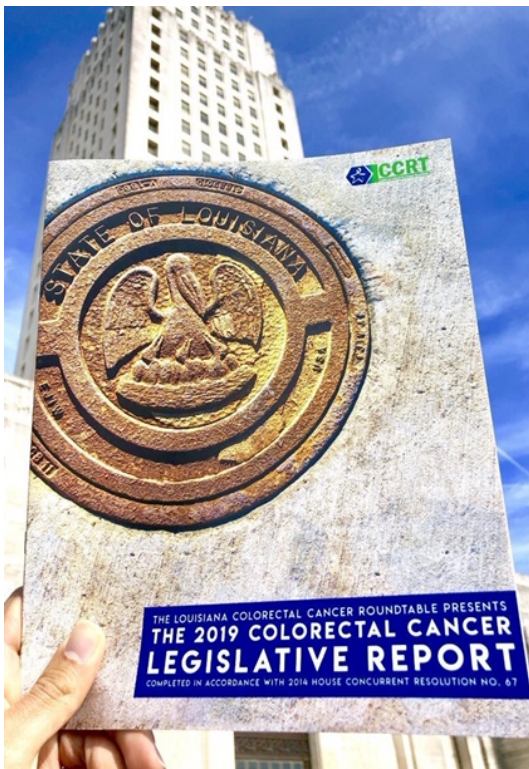
This year, the Louisiana Legislature will be analyzing several tobacco-related bills during the 2019 Legislative Session. House Bill 38 sponsored by Representative Frank Hoffmann of Monroe, LA proposes raising the minimum age of tobacco purchase and possession to 21. House Bill 45 sponsored by Representative Kirk Talbot of River Ridge, LA proposes

increasing fines ten-fold on consumers and vendors of tobacco products.

As these pieces of legislation progress through the House and Senate, LCCRT will do its best to keep its partners informed.

If you have any questions concerning these policies, or any other legislative matter pertaining to Session, please contact your respective LHCC Regional Chair or Policy Coordinator, Douglas LeBlanc, at [dlebl8@lsuhsc.edu](mailto:dlebl8@lsuhsc.edu).

## Upcoming Events...



### Day at the Capitol

**May 9, 2019**

Louisiana State Capitol Building -

Baton Rouge, LA

We are looking for engaged, motivated and energized people with a passion for advocacy. In coordination with the American Cancer Society's Cancer Action Network(ACS CAN) Louisiana affiliate, LCCRT will be in the LA Capitol Building Rotunda educating our congressmen and women about the importance of colorectal cancer and its funding in Louisiana. Interested parties looking to participate should contact the program coordinator at (504) 568-5891 or email [dlebl8@lsuhsc.edu](mailto:dlebl8@lsuhsc.edu).

### Steering Committee

#### Quarterly Call

The second LCCRT Steering Committee Call of the new year will be held on **Friday, June 14, 2019** from Noon to 1 PM. The conference line information is listed below. Agenda to be provided the week prior to the call. Please feel free to reach out if you have any questions, comments, or updates.

**Dial In:** 1-877-402-9753 | **Code:** 3501867



#### Steering Committee Quarterly Call



**Friday, June 14, 2019**  
**Noon – 1 PM**

**Dial In:** 1-(877)-402-9753 | **Conference Code:** 3501867

Agenda to be provided via e-mail

## Contact Information

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