



GET SCREENED
FOR COLON &
RECTAL CANCER
AT NO-COST

Getting screened regularly is one of the best ways to prevent colon and rectal cancer (CRC). It can help find cancer even with no symptoms.

There are many options for CRC screening tests. A colonoscopy is one common test, but it isn't the only test you can take. There are some tests for colon and rectal cancer that you can even do in your own home.

The best part is that CRC screening tests are now more affordable than ever. **With insurance, screening tests and a needed follow-up colonoscopy are no-cost to you.** But contact your insurance agency to make sure, since some companies have until 2023 to make this change.

If you have no family history of CRC, the American Cancer Society recommends that you get screened starting at 45 years old. But this is only for people with average risk. If you are African American, your risk is greater, so it is important to talk to your doctor to get your test. People with a family history of certain cancers or medical conditions may also need to start CRC screening earlier and be screened more often. **Talk to your doctor about what is best for you.**