



Are you **45 or older**?  
Call your doctor today!

Visit us at [LouisianaCancer.org](https://LouisianaCancer.org) for more info



If you're **45 or older**,  
It's time to check for **colorectal cancer**.

People who live in Louisiana are more likely to get colorectal cancer than people in most other states. Regular colorectal cancer screenings can help find cancer early when it's easier to treat.

**Talk to your doctor about what colorectal cancer test is right for you.**

**Remember, the best test is the one you get!**



## FIT Test



- ▶ Every year
- ▶ At-home test
- ▶ No prep
- ▶ No risk
- ▶ Low-cost or free
- ▶ Tests stool (poop)
- ▶ Colonoscopy needed if you test positive



## FIT-DNA



- ▶ Every 3 years
- ▶ At-home test
- ▶ No prep
- ▶ No risk
- ▶ Low-cost or free
- ▶ Tests stool (poop)
- ▶ Colonoscopy needed if you test positive



## Colonoscopy



- ▶ Every 10 years
- ▶ At doctor's office
- ▶ Some prep
- ▶ Low risk
- ▶ Need a ride home
- ▶ Doctor looks for cancer
- ▶ Best test for preventing cancer