

Get Screened!

Early Detection Can Save Your Life!

What is screening and why is it important?

Screenings check for cancer before any signs or symptoms appear. They help find issues early, making cancers easier to treat and boosting one's chances of living a longer, healthier life.

Most common cancers are preventable or can be detected early!

Lung cancer causes more deaths than any other cancer. More than 90% of lung cancer cases are caused by smoking. So don't smoke and avoid being around others who smoke (secondhand smoke).

Breast cancer and cancer of the cervix (cervical cancer) are easier to treat when caught early, each with a 91% chance of being cured—that's 9 out of 10 people! If you can't afford a mammogram or pap test, please call us.

Cancer of the colon or rectum (CRC) has a 90% chance of being cured when detected early. Black and African American people are 20% more likely to get CRC than White people. If you are 45 or older, it's time to get screened!

Louisiana Nurse Navigation Assistance provides navigation services for Louisiana Cancer Prevention and Control Programs.

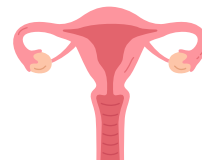
Top Five Cancer Related Deaths in Louisiana

- Lung
- Breast
- Prostate
- Colorectal
- Pancreas



Lung Screening Recommendations

Adults 50 to 80
20 packs or more per year
Current or former smoker or have quit within the past 15 years



Breast & Cervical Screening Recommendations

Breast Screening

Mammogram (breast x-ray)
Adults 40 to 74
every other year

Cervical Screening

HPV/Pap test
Adults 21 to 65
Every 3-5 years



Colorectal Screening Recommendations

Adults 45 to 75 years
Stool test every year
or DNA test every 3 years
or colonoscopy every 10 yrs
Discuss with your doctor.



For more information on screening, scan the QR code or call 1-888-599-1073, and a Louisiana Nurse Navigation Assistance nurse navigator will assist you!